



Minimizing Business Risk: The Financial Benefits of Hypertension Control and Management

High blood pressure, also known as hypertension, is the most common health condition confronting U.S. adults and is a hidden business risk to employers.

An investment in hypertension prevention and management is an investment in your people and your business.

EMPLOYERS CAN AND SHOULD ACT

HEALTH CARE COSTS



44% HIGHER

HEALTH CARE COSTS
for employees with hypertension compared to those without hypertension.¹



\$25 BILLION

IN ADDITIONAL COST IS EXPECTED BY 2027 BASED ON CURRENT TRENDS.¹



Addressing hypertension **WILL FOSTER GROWTH AND BUSINESS RESILIENCY**



Annual total cost of absenteeism due to hypertension was

4.7 TIMES

AS MUCH AS THE ABSENTEEISM COST DUE TO DIABETES.²



\$22 BILLION

ESTIMATED ANNUAL PRODUCTIVITY LOSS COSTS IN 2023.¹



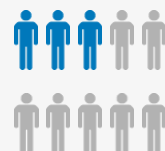
2.3 TIMES MORE

HOURS AWAY FROM WORK
among those with uncontrolled vs controlled hypertension.³

PRODUCTIVITY AND ABSENTEEISM

1. Budget Impact Model to Estimate the Cost of Hypertension for Employers," FTI Consulting (2023).
2. Asay, G. R. B., Roy, K., Lang, J. E., Payne, R. L., & Howard, D. H., "Incidence of Hypertension-Related Emergency Department Visits in the United States, 2006–2012," Preventing Chronic Disease (2016), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5055401/>.
3. Unmuesig, V., Fishman, P. A., Vrijhoef, H. J., Elissen, A. M., & Grossman, D. C., "Association of Controlled and Uncontrolled Hypertension With Workplace Productivity," The Journal of Clinical Hypertension (2016), <https://onlinelibrary.wiley.com/doi/full/10.1111/jch.12648>
4. Centers for Disease Control and Prevention. National Diabetes Statistics Report website. <https://www.cdc.gov/diabetes/data/statistics-report/index.html>. Accessed [date].
5. Budget Impact Model to Estimate the Cost of Hypertension for Employers," FTI Consulting (2023).
6. Health Insurance Claims Analysis Guide for Employers," FTI Consulting (2023). Note: Developed for the CDC Foundation by FTI Consulting's Center for Healthcare Economics and Policy.

This analysis was prepared by FTI's Center for Healthcare Economics and Policy staff. Any views expressed herein are those of the author(s) and not necessarily the views of FTI Consulting, Inc., its management, its subsidiaries, its affiliates, or its other professionals.

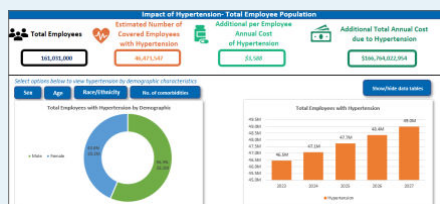


3 in 10

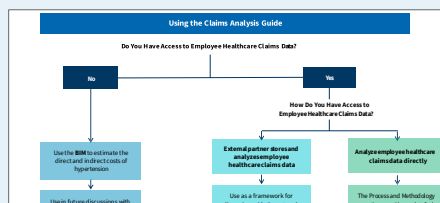
EMPLOYEES HAVE HYPERTENSION⁴

AFFECTING MORE US WORKERS THAN DIABETES OR DEPRESSION

NEW TOOLS MAKE IT EASY FOR EMPLOYERS TO ACT



The Hypertension Budget Impact Model (BIM) uses easily accessible employer- and industry-specific data to estimate costs related to hypertension.⁵



The Hypertension Claims Analysis Guide (CAG) helps employers get the data they need to inform health and well-being interventions and health insurance benefit decision-making.⁶

DISCLOSURE STATEMENT: This project is supported by a sub-award from the CDC Foundation and is part of the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) financial assistance award totaling \$400,000.00 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

Scan the QR code below to learn more and download hypertension tools.



FTI CONSULTING
Center for Healthcare Economics and Policy